

## Not Just Friends Rebuilding Trust And Recovering Your Sanity After Infidelity

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### Not Just Friends Rebuilding Trust

Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity Paperback – Illustrated, February 3, 2004 by Shirley P. Glass (Author)

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NOT "Just Friends" will help guide you through these rocky stages of your recovery. Rebuilding trust is the cornerstone of the recovery process. Telling the full story and exploring the individual, relational, and social factors that made your marriage vulnerable to an affair is vital for healing and recovery.

### Not "Just Friends": Rebuilding Trust and Recovering Your ...

Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity Audible Audiobook – Unabridged. Shirley P. Glass Ph.D. (Author), Jean Coppock Staeheli (Author), Lural Merlington (Narrator), Brilliance Audio (Publisher) & 1 more. 4.6 out of 5 stars 630 ratings.

### Amazon.com: Not 'Just Friends': Rebuilding Trust and ...

Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity. by. Shirley P. Glass, Jean Coppock Staeheli. 4.18 · Rating details · 708 ratings · 63 reviews. Author (s): Shirley Glass & Jean Coppock Staeheli ISBN: 9780743225502 Binding: Paperback Published: 2004-04-15 Accompanied by case stories, a thought-provoking and compassionate guide documents the entire cycle of an affair, offering a step-by-step approach to healing and protecting monogamy after betrayal, as well ...

### Not "Just Friends": Rebuilding Trust and Recovering Your ...

Not "Just Friends": Rebuilding Trust and Recovering Your Sanity after Infidelity by Shirley Glass Ph.D., Jean Coppock Staeheli (With)

### Not "Just Friends": Rebuilding Trust and Recovering Your ...

Not "Just friends" : protect your relationship from infidelity and heal the trauma of betrayal / Shirley P. Glass with Jean Coppock Staeheli. p. cm. Includes bibliographical references. 1. Adultery. I. Staeheli, Jean Coppock. II. Title. HQ806 .G576 2003 306.73'6—dc21 2002034742 ISBN-13: 978-1-4165-8640-1 ISBN-10: 1-4165-8640-7

### Not 'Just Friends': Rebuilding Trust and Recovering Your ...

Not "Just Friends" Refusing to pander to audiences expecting Dr. Phil-type quick fixes, Glass (who has appeared on Oprah herself) chooses "a new, fact-based, scientifically and therapeutically responsible approach" to a subject she contends is fraught with public and professional misconceptions.

### Book Review: Not Just Friends by Shirley Glass - The ...

Find helpful customer reviews and review ratings for Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity at Amazon.com. Read honest and unbiased product reviews from our users.

### Amazon.com: Customer reviews: Not "Just Friends ...

Refined over decades of clinical counseling, Dr. Glass's practical, step-by-step guide for re-establishing safety and trust in the relationship is central to NOT "Just Friends" and shows how telling the story of the affair and establishing its meaning for both partners can make the union stronger than it was before. Original quizzes by the author allow readers to explore personal traits, relationship characteristics, and outside influences that increase risk and susceptibility to unfaithful ...

### Dr. Shirley Glass - About the Book - NOT "Just Friends"

Title: Not Just Friends: Rebuilding Trust and Recovering Your Sanity After Infidelity By: Shirley P. Glass, Jean Coppock Staeheli Format: Paperback Number of Pages: 448 Vendor: Free Press Publication Date: 2006 Dimensions: 8.44 X 5.50 (inches) Weight: 13 ounces ISBN: 0743225503 ISBN-13: 9780743225502 Stock No: WW225503

### Not Just Friends: Rebuilding Trust and Recovering Your ...

Not "Just Friends" Quotes Showing 1-7 of 7 "Unfaithful persons often say they are protecting their partners from pain, but they are really protecting themselves from exposure so they can continue to live the double life." — Shirley P. Glass, Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity 2 likes

### Not "Just Friends" Quotes by Shirley P. Glass

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Not "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity Paperback – 16 Feb. 2004 by Shirley Glass (Author), Jean Coppock Staeheli (Author)

### Not 'Just Friends': Rebuilding Trust and Recovering Your ...

NOT "Just Friends": Rebuilding Trust and Recovering Your Sanity After Infidelity: Author: Shirley Glass: Contributor: Jean Coppock Staeheli: Edition: illustrated: Publisher: Simon and Schuster,...

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