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Defensible

Documentation

For Physical

Therapy

# Defensible Documentation For Physical Therapy

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## **Defensible**

## **Documentation For Physical Therapy**

According to the APTA,  
documentation is  
crucial because it:

Serves as a record of  
patient care, including

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a report of the patient's status, physical therapy management, and outcome of physical therapy intervention. It's also a tool for the planning and provision of services and is a communication vehicle among providers.

## **What is Defensible Documentation? | WebPT**

Is your documentation defensible enough to

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## Documentation

withstand scrutiny?

Documentation is no

one's favorite,

especially as

increasing rules and

regulations make it

even harder to ensure

your documentation is

complete enough to

withstand scrutiny.

But, while

documentation may

not be the most-liked

aspect of your job as a

rehab therapist, it

surely is a crucial

one—for you and your

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## **Defensible Documentation Toolkit | WebPT**

Article. Date:  
Wednesday, January  
31, 2018. Clinical  
settings influence  
many aspects of  
patient and client care  
documentation.  
Depending on the  
setting there may be  
additional regulations  
by payer, state, local  
facility, or accrediting

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organizations. In addition, various clinical settings have different norms, processes, and influences that often are outside the control of the physical therapist or physical therapist assistant.

## **Setting-Specific Considerations in Documentation | APTA**

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recognized, adventure

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Physical Therapy  
Defensible  
documentation needs  
some muscles to give  
power to the  
treatment.

## **Defensible Documentation For Physical Therapy**

Defensible  
Documentation: A  
Framework for Physical  
Therapy

Documentation<p>Thi  
s purpose of this  
session is to help

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## Documentation

students and practicing therapists develop an efficient and effective documentation strategy appropriate for use across a wide range of practice settings and patient populations. This approach is grounded in the ICF framework and will facilitate a clinical decision making approach to optimize patient outcomes.

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**Documentation: A  
Framework for  
Physical Therapy ...**

get back to the components of good documentation, focusing on the content, including subjective information, objective data, utilizing tests and measures to enhance outcomes, with an emphasis placed on patient response and functional

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performance. This  
MUST be “driven” by  
you the clinician and  
not the forms.

**Defensible  
Documentation -  
Michigan  
Occupational  
Therapy ...**  
Defensible  
Documentation for  
Physical Therapy The  
American Physical  
Therapy Association  
(APTA) offers this  
checklist for defensible  
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documentation of physical therapy assessments and interventions. One of the most useful features of the SOAP note guidelines for PTs are the top-10 tips for defensibility: 1.

## **Physical Therapy Documentation Examples**

Documentation Elements Access the main documentation elements are: initial

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examination and  
evaluation, visit,  
reexamination, and  
conclusion of episode  
of care summary.

Setting-Specific  
Considerations There  
are many elements of  
documentation that  
need consideration one  
of the most important is  
clinical setting. Risk  
Management

## **Physical Therapy Documentation of Patient/Client ...**

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Physical therapy documentation is an important tool for tracking patient progress with the treatments provided in therapy. It can also be the source of major headaches, rushed lunch hours, and hours of typing throughout the day.

## **Physical Therapy Documentation Examples You Can Download**



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Access full  
documentation  
examples for the  
following treatments in  
the Therapy  
Documentation  
Example Guide: Lifting  
or pulling 20#  
resistance Reaching  
with 2# Weight/ Lifting  
Pinching or Gripping an  
Object Lunging forward  
to bosu, dyna disc  
Throwing  
Pulling/Pushing  
Gripping/ Carrying  
Lifting weight ...

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**Physical Therapy  
Documentation  
Phrases -**

**PTProgress**

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Proving Medical

Necessity for Skilled

Services During the

Visit Physical therapy

documentation should

justify medical

necessity. The

rendering provider

(clinician) has the

unique skills, expertise,

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knowledge, experience and clinical judgment to provide a set of skilled services to the client or patient.

**Physical Therapy**

**Documentation**

**Examples and**

**Documentation ...**

Implement defensible clinical documentation that demonstrates need for multi-disciplinary skilled therapy and an inter-disciplinary team

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approach to care to the

Acute Rehab setting

Identify and choose

appropriate CPT codes

Review key points to

provide supportive

documentation for a

patient's Individualized

Overall Plan of Care

**Z Defensible**

**Documentation in**

**the Acute**

**Rehabilitation ...**

Visits. In early

intervention, physical

therapists typically

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## Documentation

document their visits (also known as daily encounters) on a standard form developed at the county or state level for early intervention services. In many cases, the family receives a copy of the form, and so it is structured to be family friendly.

## **Setting Specific Considerations in Documentation**

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Documentation For

Physical Therapy In

light of the importance  
of documentation in  
patient and client care,

and in response to

many of the current

issues related to

physical therapy

documentation, APTA

has developed the

"Defensible

Documentation for

Patient/Client

Management" resource

based on APTA's

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Guidelines: Physical  
Therapy  
Documentation of  
Therapy

**Defensible  
Documentation For  
Physical Therapy**

Documentation for  
Physical Therapist  
Practice: A Clinical  
Decision Making  
Approach provides the  
framework for  
successful  
documentation. It is  
synchronous with  
Medicare standards as

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well as the American

Physical Therapy

Association's

recommendations for

defensible

documentation.

## **Documentation for Physical Therapist Practice: A Clinical**

...

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documentation

requires the clinician to

speak to both coverage

and qualifying criteria

specific to the setting



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in which the clinician works. This chapter will compare and contrast both areas and provide strategies for compliance.

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**Documentation in**

**Home Health ... -**

**MedBridge**

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documentation needs some muscles to give power to the treatment. This is the evidenced-based care.

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Tests, interventions, and exercises that scientific study has shown to be safe and effective encompass evidenced-based care. The ligaments and fascia that holds defensible documentation together is the risk management component.

**bestPT billing: 7  
ways to build a sales  
culture in your ...**

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Clinicians who can create defensible, value-based documentation will optimize reimbursement and justify their role. Those that cannot are a liability and will be left out as the fiscal belt tightens.

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